

December 14, 2011

Dear Parents,

The Girls Volleyball season is just around the corner. It is time to start planning for another exciting year in the Lansing Catholic Youth League, which is now called the Catholic Youth Activities Conference (CYAC). The new league is basically the same but with a new structure that includes more involvement from our school principals and run under the Lansing Catholic High School Athletic Program. All girls 5<sup>th</sup> through 8<sup>th</sup> grade are permitted to play. This continues as a no cut league with all players receiving playing time in all the games.

**We will start with a mandatory student athlete and parent meeting on Monday, Jan. 23<sup>rd</sup> at 6 pm in the school gym. Practices will start as early as Tuesday, January 24<sup>th</sup> depending on availability of gym time.**

Attached with this letter you should find the St. Thomas Girls Volleyball Permission form. Please fill out that form and include a check for the \$50 participation fee. A sports physical dated April 15, 2011 or later is also required. The permission form, fee and a copy of the physical can be turned into the school office. The MHSAA Physical and Medical form is also attached if needed.

A list of all the requirements to be able to participate in volleyball at St. Thomas is below:

- Must fill out and sign the St. Thomas permission form and include a \$50 check (payable to STA Athletics).
- All student athletes must have a sports physical dated April 15, 2011 or later.
- All student athletes must agree to and sign the St. Thomas Student Code of Conduct form.
- All parents must agree to and sign the St. Thomas Parent Code of Conduct form.
- All student athletes must meet the St. Thomas School academic requirements. Student athletes must not be receiving grades below a C or marks below a 2 (any combination thereof) in two or more subjects. Student athletes' grades will be checked on a regular basis during the season. Anytime anyone falls below these requirements they will not be permitted to play in games.
- Parents are required to help with admissions and concessions at home games.

Anyone interesting in helping coach please send me an email at [rfcleary@sbcglobal.net](mailto:rfcleary@sbcglobal.net).

Thanks and Go Tartans,

Bob Cleary  
St. Thomas Athletic Director